

WESTERN ISLES ADP

Online Mental Health & Substance Use

Learning Outcomes

By the end of the session participants will be able to:

- Recall the prevalence of people with co-existing substance use and mental health issues.
- Describe the relationship between mental health and substance use.
- Gain an overview of common mental health conditions.
- Identify the impact of stigma in relation to drug use and mental health.
- Identify how to support and signpost people affected by mental health and substance use issues.
- Understand the importance of self-care when working in a support setting.

Date: 12th November 2026

Time: 9.15am - 1.30pm

TRAINING WILL BE DELIVERED VIA MICROSOFT TEAMS



Booking Information:

To book a place please follow this link or scan the QR code above

[**MENTAL HEALTH AND SUBSTANCE USE 12TH NOVEMBER 2026**](#)

You may have to Create an Account if you don't already have one.

Please email: [**Mariem@sdf.org.uk**](mailto:Mariem@sdf.org.uk) if you have any general queries about this event.

Please make sure you can attend if you book a place. Courses are very popular so if you find you are unable to make it then **please let us know as soon as possible** so we can allocate your place to someone on the waiting list.